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A WARM WELCOME TO OUR
SPRING 2024

Quarterly Newsletter

THE FLEET
CARE HOME

Manager's Introduction

As the days get longer and the flowers start to bloom, we welcome the arrival of spring with open arms. We are excited to show you what we have been getting up to recently. So sit back, relax and enjoy reading about our latest activities and events.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Damon

Damon Drummond
Home Manager

Valentine's Day

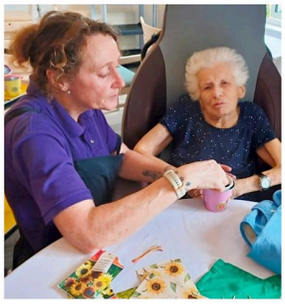
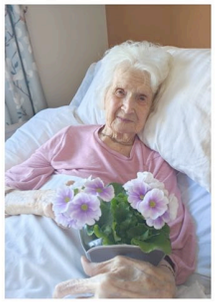
Love Is In The Air

We fully embraced Valentine's Day and celebrated all things ‘love’. We made cards, reminisced about first dates and wedding days, gave our best dating tips and offered our advice. We created a wall of love with the names of people who we all love and cherish. We turned our Cove Bistro into an intimate diner for all the couples so they could enjoy a cream tea with their partners. Everyone in the building received a variety of chocolates and treats on the day because everyone is loved.

Mother’s Day

Happy Times!

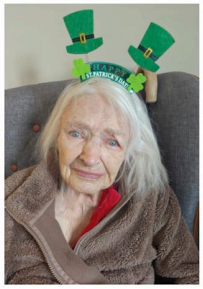
After the success of our Valentine’s cream tea, we ran something similar for Mother’s Day. We invited loved ones in to spend a wonderful afternoon with their mum filled with music, food and drink. The home was packed out with vast quantities of flowers, so much so we even had to order in more vases. What took us by surprise was an exceptional donation by our local Sainsbury’s who gifted us over £500 worth of flowers. As a home we can not thank them enough for their kindness and generosity. We enjoyed flower arranging and filled all the public lounges, dining rooms and corridors where possible with beautiful floral displays.

St. Patrick's Day

Celebration Time

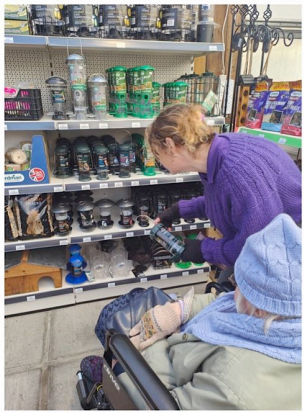
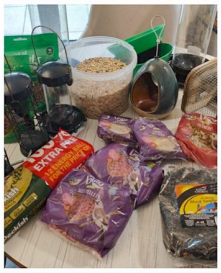
For the first few weeks in March, we have been getting in the spirit by colouring in pictures, enjoying quizzes and trivia and decorating the Cove to capture the theme of St Patricks Day. We welcomed Nick The Fish and his fiddle playing friend who provided us with some Celtic music. The kitchen provided us with a hearty meal followed by some Irish Whisky Cheesecake. They also made some beautiful cupcakes. Our kitchen team really do go all out. The afternoon ended with Guinness, Baileys and some green cocktails and mocktails. Plenty of staff dressed up and we all had an amazing time!



Getting Outdoors

Fresh Air & Sunshine

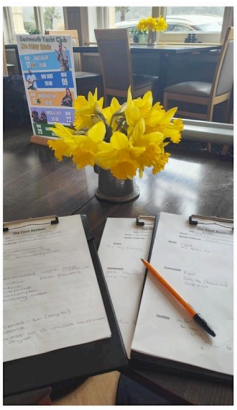
We love being outside and connecting with nature and even in these last few cold and damp months this hasn't changed. We participated in the Great British Bird Watch, had several visits to the local Garden Centre and have enjoyed topping up our bird feeders and watching all the daffodils and spring flowers start to blossom.

Community Engagement

The Fleet Reviews

What started as one gent wanting a sneaky pint down the pub has now turned into a weekly review. We take members of The Fleet down into Dartmouth and we investigate and review different places. We of course enjoy a drink and spot of cake but pay attention to things like service, accessibility, food, drink and facilities and give our final thoughts. Since posting these on our social media page the community has really backed this idea and local businesses now request that we come visit them. We have been approached by the tourist information centre if we would compile a printed guide for tourists to the town to read.



What's Been Happening?

Our activities program is extensive and we always like to mix things up.

Lakemoor Alpacas

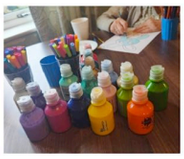
Ali Soper's Mosaic Workshop

These past three months we have welcomed back Lakemoor Alpacas, Drum Devon, Ali Soper who hosted a mosaic workshop, reviewed a newly opened bakery 'Pebble Pantry', welcomed a sea shanty crew 'All Hands-on Deck' and had Lez the Fez perform his magic and balloon modelling talents.

Regular music acts such as Patrick Jervis, Viki Philp, Lea Millman, Andy Youngs, Bob & Isabelle, Joe Dostal, Simon Wheeler and Zara King all returned to perform.

In house activities include regular chair-based exercise classes, the weekly Dartmouth Dawdle, trips to the local supermarkets and garden centre.

The team provide quizzes, trivia, arts & crafts and baking sessions.



Upcoming Events

Coming Up...

Looking ahead to the months April – June we have some exciting things to look forward to including our Easter Celebrations. We will be hatching some chicks provided to us from Incredible Eggs. The Fleet will have its 4th Birthday party with buffet food, huge cake and lots of music. We are expecting visits from some Owls courtesy of Totnes Rare breed's farm. As a home we will celebrate Glad to Care Week and have a trip down the river Dart booked thanks to The Fizz Boat. We will also host a garden BBQ with live band, Schofield, performing a 2-hour set. Dartmouth will have its Music Festival and we will open the doors to The Fleet to the community for that weekend as we fill the home and gardens all weekend with live music. Proud to be Dartmouth's only dementia friendly music venue. VE day on the 8th May we will have a presentation provided by Nick Davies who works within our laundry department. Nick will bring in lots of memorabilia and dress up in authentic clothing. We are fortunate to have staff members with fascinating hobbies and interests.

Leave A Review

Your Thoughts Matter

If you have a loved one staying with us and wouldn't mind leaving us a review it would be thankfully received. These reviews are always so helpful for people considering which care home to trust with the care of their nearest and dearest.

All reviews are from genuine people with personal experiences and opinions from those who have stayed or are still in our care.

Carehome.co.uk Reviews

Google Reviews

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