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A WARM WELCOME TO OUR

AUTUMN 2024

Quarterly Newsletter

THE FLEET

CARE HOME

Manager's Introduction

We are thrilled to look back on the delightful summer days that were filled with a multitude of wonderful events and activities. As the leaves gradually transform, taking on beautiful hues and gently falling from the trees, we find ourselves ready to fully embrace the arrival of the autumn months. We are excited to fully immerse ourselves in all that the cosy season has in store, from crisp outdoor adventures to the warmth of indoor gatherings.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

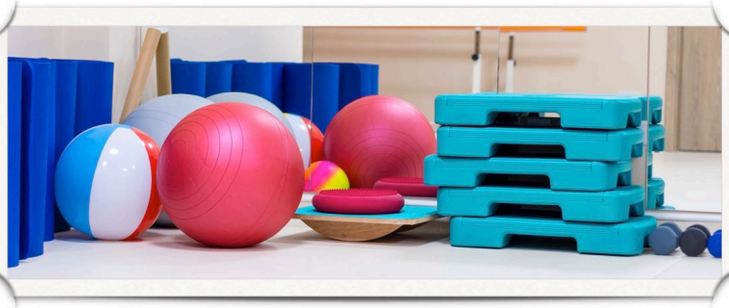
Newsletter Sign-Up

Best wishes,

Marc

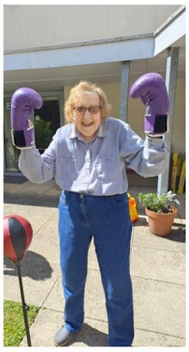
Marc Chudley
Home Manager

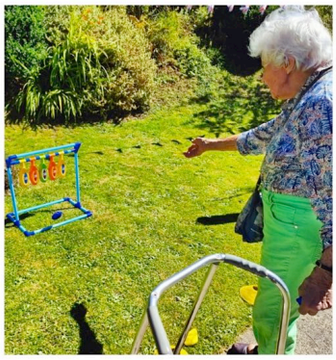
Summer Olympics



Well Done

Over the summer months we have been busy making our Olympic torch and taking that from resident to resident in our very own Olympics opening ceremony. We have also had our own Olympics where we invited our friends at a neighbouring care home, Beacon House, over for some friendly inter care home competition. Certificates and medals were awarded for everyone's efforts. It was a wonderful afternoon of team building where friendships were formed.





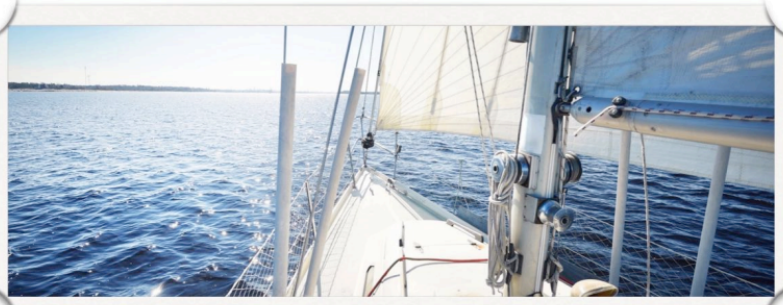
Make-A-Wish UK

Fundraising Event

We have had a few fundraising events for our nominated charity of the year, Make-A-Wish UK. We hosted a coffee morning and hired the Royal Avenue, Garden Tea

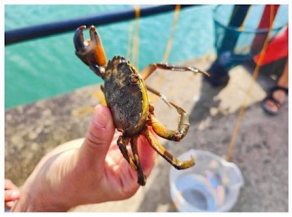
Hut, during the summer where we also did some care home promotion. To date we have raised around £350 towards our target. If anyone would like to donate, we have a bucket by our reception or on our Facebook page we have a link to our JustGiving page.

Dartmouth Regatta

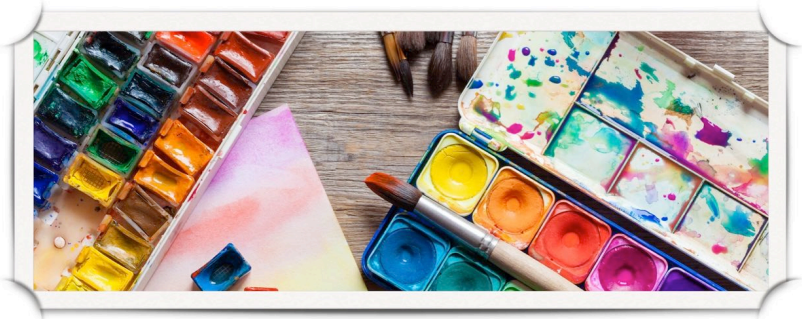


Out & About

The annual Royal Regatta took place during the last weekend of August and we were out and about in Dartmouth enjoying watching the rowing events. It was a wonderful opportunity to feel a part of the town and catch up with friends. We took part in the weekly Dartmouth Dawdle, enjoyed looking through all the food and craft stalls and were fascinated by local children enjoying the crabbing competitions.

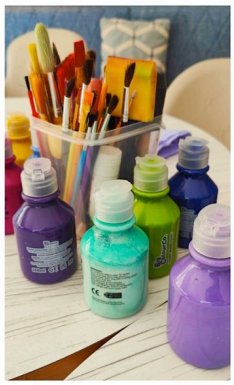


Getting Creative

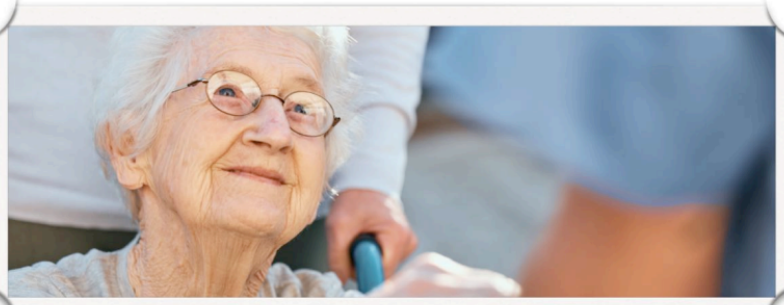


Creating a Masterpiece

Our in-house activities program is varied and on Monday afternoons we have a successful Knitt & Natter group and, on a Wednesday, we have crafternoons with Kitty. These only came about due to suggestions from our monthly residents meeting. We have made some wonderful clothes to be donated to local hospitals for the babies and during the crafternoons we have made all kinds of decorations to jazz up our central Cove space.



PhysioNet



Helping Out...

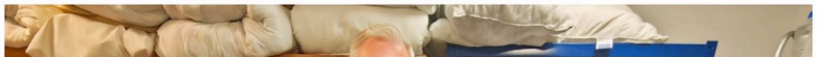
As a busy care home, we often end up with surplus mobility equipment like walking frames, crutches, wheelchairs etc. and these can build up taking space in our storage rooms.

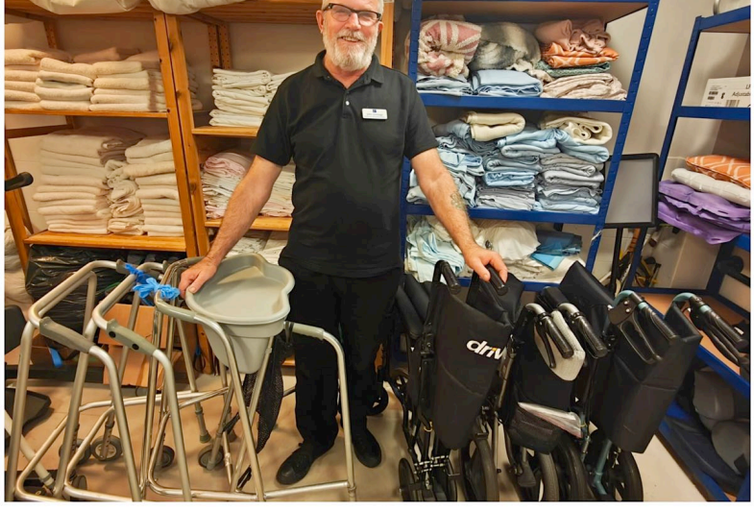
Thanks to a niece of a current resident, we were put in contact with a gentleman called Harry Frank who is a Trustee Coordinator for the Southwest of England for PhysioNet.

PhysioNet are a fabulous charity who take items of care equipment, store them and deliver them to larger distribution centres, refurbish the items and then send them abroad to assist with disabled people who really need a helping hand.

On Friday 6th September, our Maintenance Manager, John Liversage, handed over a variety of items including 2 wheelchairs, 8 walking frames, 3 sets of crutches and 3 walking sticks to a member of Harry's small team. These items were taken to Dartmouth Storage who allow Harry a storage unit for free of charge until he has a larger number of items to transport up to Bristol. We believe our items will be heading their way to Ethiopia once they have been refurbished.

It's lovely to think our preloved items can go on to make a positive impact on others life.



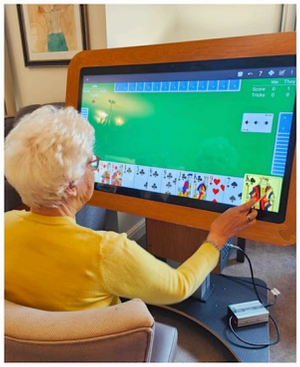


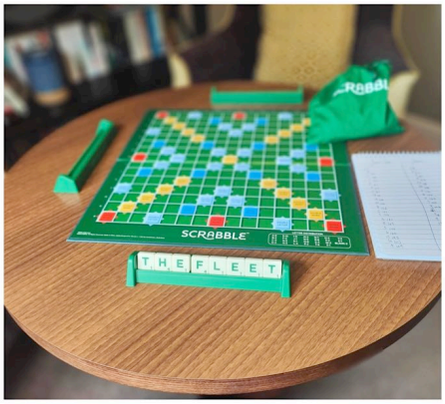
Enriching Experiences

Keeping Busy & Active

We are blessed at The Fleet to welcome a wide variety of entertainers including Zara King, Joe Dostal, Patrick Jervis, Bob & Isabelle, Tim Crew, Nick the Fish, All Hands-on Deck and Viki Philp. We have welcomed back James Carr from Drum Devon and had the pleasure of Graham Prigg a close hand Magician. We are rather fond of our animal visits too and have had owls thanks to Totnes Rare Breeds farm, Alpacas from Lakemoor Alpacas and we have had plenty of cuddles from visiting dogs.

We have our regular religious services from Simon, Diana and Marian. Between the three of them have services every few weeks. We are coming up to the harvest festival and will be collecting items for local food banks.





Getting out and about it important to us and over the last few months we have been to Kingsbridge, garden centres, several trips to local beaches Blackpool sands and Torcross. We also pop to the local supermarkets weekly so that people can remain independent and purchase items.

Leave A Review

Your Thoughts Matter

If you have a loved one staying with us and wouldn't mind leaving us a review it would be thankfully received. These reviews are always so helpful for people considering which care home to trust with the care of their nearest and dearest.

All reviews are from genuine people with personal experiences and opinions from those who have stayed or are still in our care.

Carehome.co.uk Reviews

Google Reviews

Social Media

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