



INTRODUCTION

Message From Our Team

As we move into autumn, it is lovely to look back at some of the outings, entertainment and activities our residents have enjoyed over recent months. We have been fortunate to get out and about to some lovely local places, while also enjoying music, celebrations and creative activities within the home.

The Dartmouth Royal Regatta gave us plenty to enjoy, both through our themed activities and a trip into Dartmouth, while visits to Dartington Estate and Lakemoor Alpacas Farm gave residents the opportunity to enjoy some fresh air and a change of scenery.

Thank you to everyone who has helped make these activities and outings possible. We hope you enjoy looking back at some of our recent highlights.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

The Fleet Care Home Team



ACTIVITIES & EVENTS

An Afternoon at Dartington Estate

Our residents enjoyed a lovely minibus outing to Dartington Estate, where we were able to spend some time enjoying the surroundings together.

Residents took a relaxing walk through the park, enjoying the fresh air and plenty of conversation along the way. Afterwards, we stopped at The Green Table Cafe for a well-earned hot drink.

It was a relaxing afternoon out and a lovely opportunity to spend time together away from the home. Thank you to the Dartington Trust for having us.



Last Night of the Proms

We enjoyed a special evening together watching the BBC's Last Night of the Proms. Earlier, residents had decorated their own flags ready for the occasion, which they proudly waved as they watched the performance.



There was plenty of singing and dancing as everyone joined in with the music. It was a lovely evening that brought together music and creativity, with residents enjoying the occasion together.



A Little Bit of Dolly

We welcomed Mini Concerts to The Fleet for a Dolly Parton-themed performance.

Residents enjoyed listening to a selection of Dolly's well-known songs, with plenty of singing and dancing throughout the performance. Her familiar music proved popular and brought lots of smiles around the room.

Thank you to Mini Concerts for coming along and providing such an enjoyable performance for our residents.



A Visit to Lakemoor Alpacas Farm

Residents also enjoyed a peaceful afternoon out at Lakemoor Alpacas Farm.

The visit gave everyone the chance to meet some friendly furry residents while enjoying time outdoors in the sunshine. It was a relaxed outing and another lovely opportunity for residents to enjoy a change of scenery and spend time together.



DARTMOUTH ROYAL REGATTA

Getting Creative for the Dartmouth Royal Regatta

To celebrate the Dartmouth Royal Regatta, residents spent an afternoon getting creative with sailing and rowing-themed arts and crafts.

There was plenty of colour and imagination involved as everyone created their own pieces inspired by the regatta. It was a relaxed way to get involved in the celebrations and share in the local regatta spirit together.

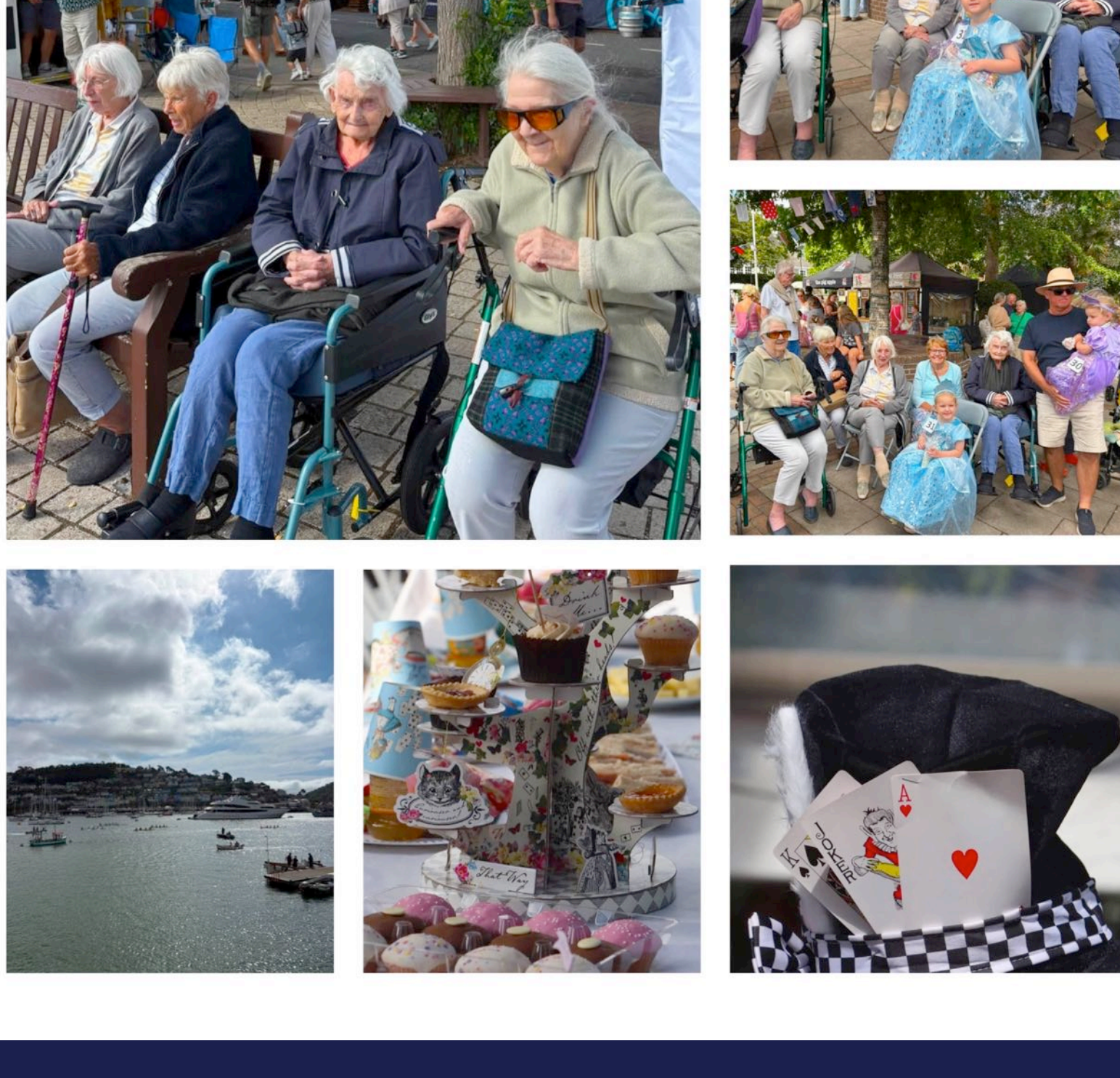


Mad Hatter's Tea Party

Our residents enjoyed a busy morning out at the Mad Hatter's Tea Party in the Avenue Gardens as part of the Dartmouth Royal Regatta celebrations.

There was plenty to see, with residents enjoying the fancy-dress competition and taking in the atmosphere around the gardens.

Afterwards, we watched the rowing races and spent some time exploring the stalls at the Dartmouth Royal Regatta. There were plenty of smiles and laughter throughout the outing, making it a lovely way to be part of the local celebrations.



COMING UP

Looking Ahead...

As autumn begins, we look forward to continuing with more outings, entertainment and activities both at The Fleet and within our local community.

Thank you to our residents, relatives, friends and team for their continued involvement and support. We look forward to sharing more of what we have been getting up to in our next newsletter.

EXTERNAL LINKS

Social Media

Make sure to check out the [The Fleet Care Home Facebook Page](#) for all our latest photos!

Don't Forget To ['Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)